MTB RDB HKG RNG

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Track : 2015-10-08 La Neviera del Sirente	TRAIL DIFFICULTY
Detected modality = HKG (Hiking)	Score
Reanalyzed as BYC (Bicycle) RNG (Running)	**IBP = 128 HKG**

Reliability of the original trail: A (1197/77/0/-/-/77)

Level of correction applied to the trail: 0

Total length: 14.679 Km mi / ft ?	**Max slope filter:** ~55 %
Analyzed distance: 14.679 Km	**Min. ponts separation:** ~30 m
Lineal distance: 0.033 Km	**Number of points:** 3557 (cad. 4.13 m)
	Significant points: 458 (cad. 32.12 m / 12.88 %)

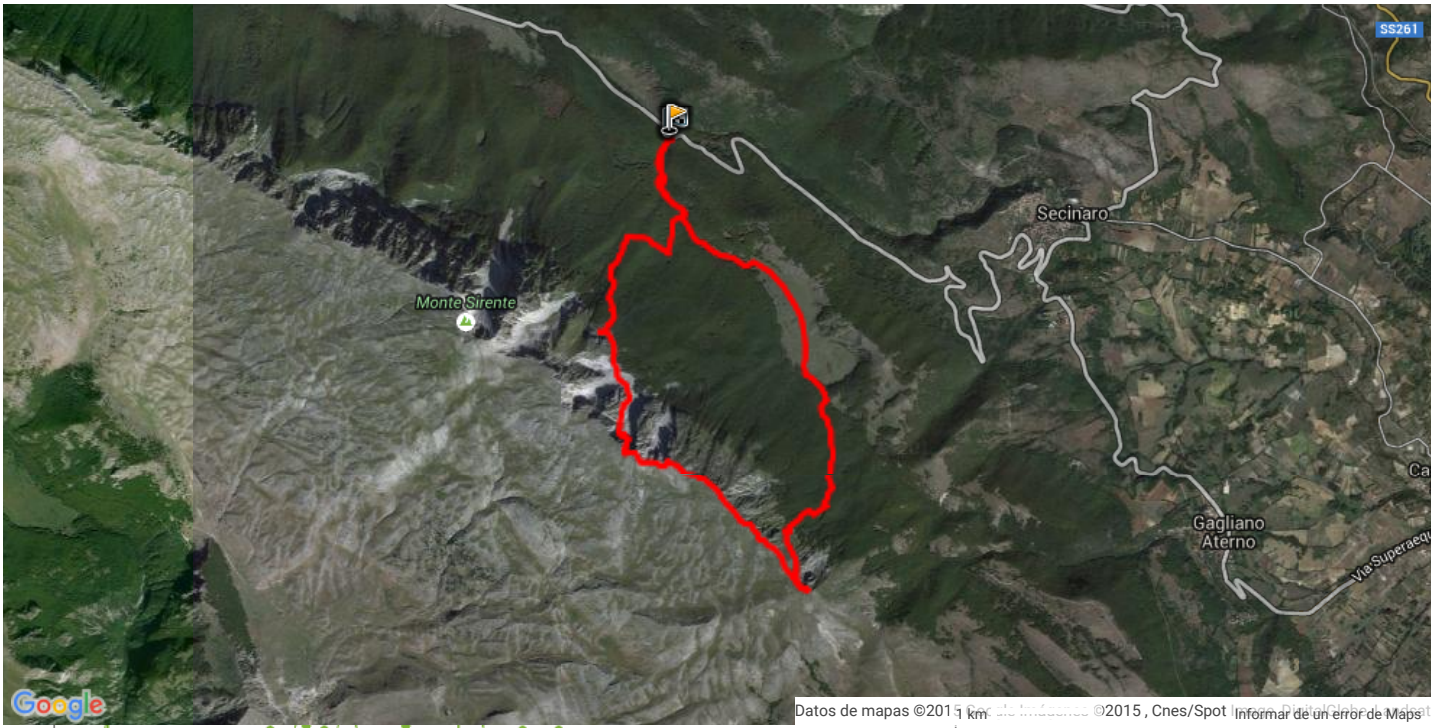
Accumulated climb: 1236.65 m	info Points list
Accumulated descent: 1204.93 m	
Maximum height: 2205.88 m	
Minimal height: 1167.66 m	
Climb rate: 19.26 %	
Descent rate: 15.95 %	
Positive climb difference per Km: 84.25 m	
Negative descent difference per Km: 82.09 m	

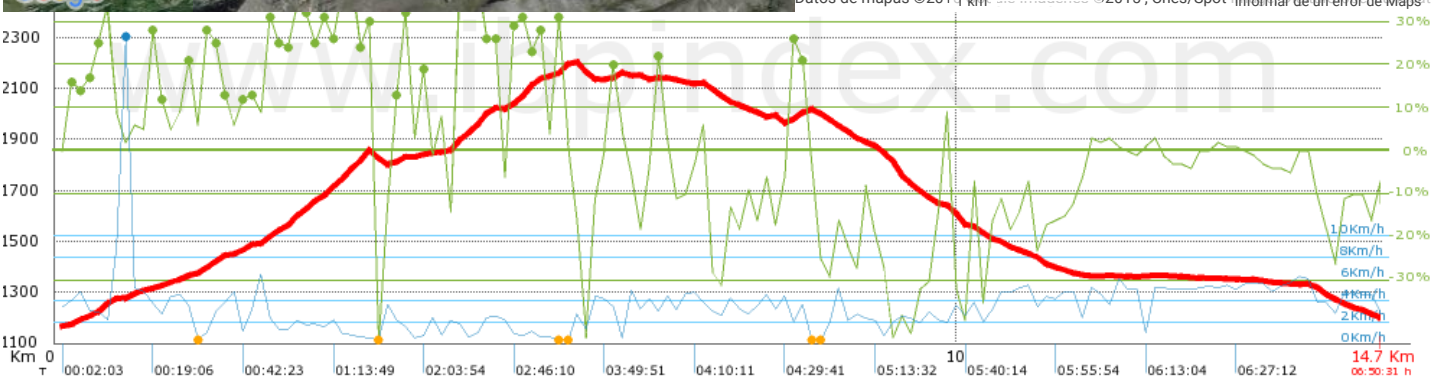
Direction changes per Km: 14.65
Direction changes >5º per Km: 12.47
Accumulated straight stretches: 1.471 Km
Straight stretches per Km: 100.21 m
Penalizables slope changes: 10
Penalizables slope changes per Km: 0.681

Total time: 6:50:31 h
Time in movement: 5:13:20 h
Stopped time: 1:37:11 h

Total speed average: 2.15 Km/h
Average speed in movement : 2.81 Km/h
Maximum held speed: 6.3 Km/h

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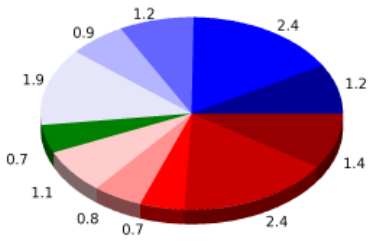




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Altitude | Slope % | Climb > 10% | Speed Km/h | Speed > 10 Km/h | Speed < 0.5 Km/h

Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	1.418	9.66	1.83	0:46:23
Between 15 and 30%	2.367	16.13	2.07	1:08:46
Between 10 and 15%	0.735	5.01	2.93	0:15:02
Between 5 and 10%	0.848	5.78	2.79	0:18:13
Between 1 and 5%	1.051	7.16	4.17	0:15:07
Total	6.42	43.74	2.36	2:43:31
Plain				
Difference of 1%	0.705	4.81	4.14	0:10:13
Breakdown descents				
Between 1 and 5%	1.933	13.17	3.86	0:30:05
Between 5 and 10%	0.876	5.96	3.33	0:15:47
Between 10 and 15%	1.168	7.96	3.71	0:18:52
Between 15 and 30%	2.422	16.5	3.27	0:44:23
Between 30% and 55%	1.154	7.86	2.27	0:30:29
Total	7.553	51.46	3.25	2:19:36
Total track:	**14.679**	**100 %**	**2.81**	**5:13:20**

High altitude parameters, data above 1500 m

Altitude m	Distance Km	% of total	Time in movement	Speed	Stopped time	Total time	Speed total
2000	3.195	21.77	1:11:08	2.7	1:05:59	2:17:07	1.4
1750	3.011	20.51	1:21:33	2.21	0:27:08	1:48:41	1.66
1500	1.936	13.19	0:54:28	2.13		0:54:28	2.13
Total:	**8.142 Km**	**55.47 %**	**3:27:09 h**	**2.36 Km/h**	**1:33:07 h**	**5:00:16 h**	**1.63 Km/h**

Stops

Distance Km	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.493	0:04:04	1371	0:26:04	0:26:04	1.493
3.204	0:02:23	1759	1:20:22	0:54:18	1.711
3.264	0:03:12	1784	1:23:46	0:03:24 < 10'	0.06
3.416	0:03:44	1836	1:33:12	0:09:26 < 10'	0.152
3.476	0:05:55	1857	1:38:04	0:04:52 < 10'	0.06
3.876	0:03:37	1830	1:53:50	0:15:46	0.4
3.971	0:02:50	1830	1:59:16	0:05:26 < 10'	0.094
4.537	0:03:02	1914	2:21:32	0:22:16	0.566
5.09	0:05:12	2050	2:47:48	0:26:16	0.553
5.339	0:02:52	2129	3:03:06	0:15:18	0.25
5.399	0:05:48	2141	3:08:11	0:05:05 < 10'	0.06
5.528	0:24:33 > 10'	2151	3:16:18	0:08:07 < 10'	0.129
6.223	0:03:18	2158	3:53:18	0:37:00	0.695
8.33	0:24:16 > 10'	2017	4:35:11	0:41:53	2.107
9.129	0:02:25	1855	5:15:36	0:40:25	0.799
Total:	**1:37:11 h**				

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2013-08-04 Pietra Corniale (RNG)	Ref.: 36511309914467
2013-08-06 Pietra Corniale (RNG)	Ref.: 36511309913793

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